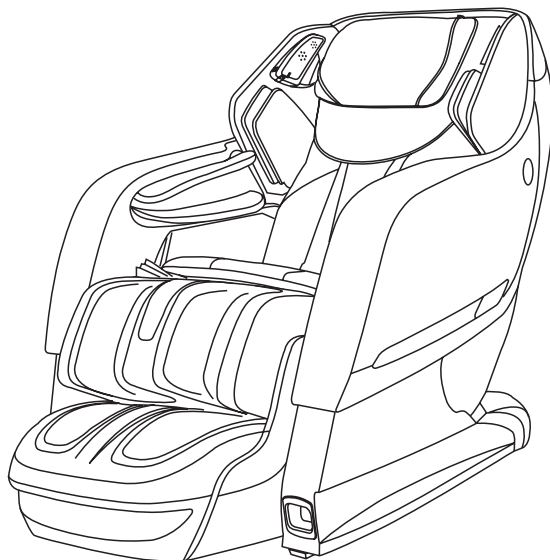


**KYOTA®**

The World's Most  
Advanced Massage Chairs®

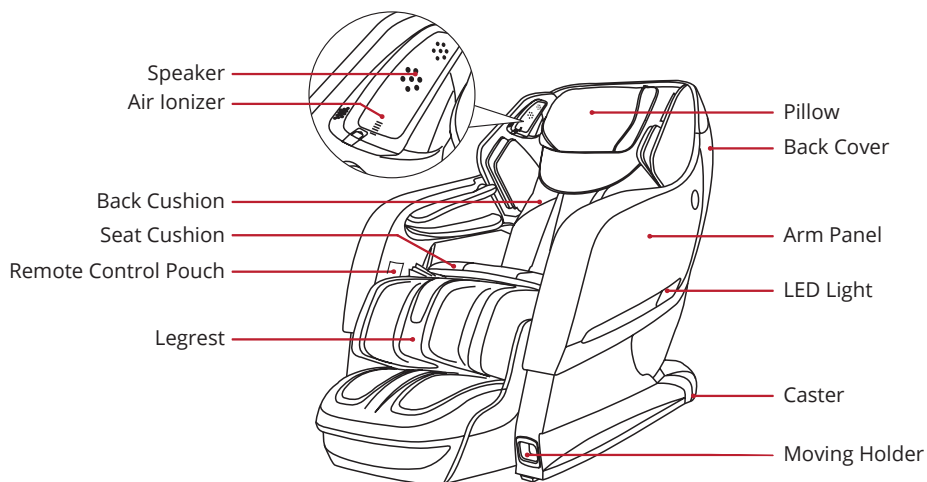


# User Manual

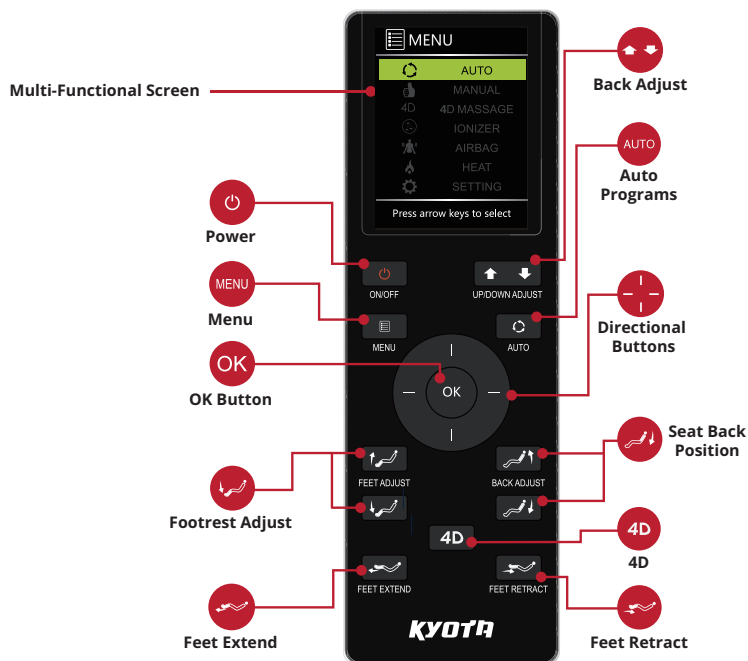
**M868 Yosei 4D  
Massage Chair**

# Your Chair

## External Structure



## Remote Control



Welcome to

# KYOTA®

Thank you, and congratulations on purchasing your very own Kyota Massage Chair product - you've made a great buying decision. Welcome to the Kyota family.

Inside this manual, you will find everything you need to setup and safely enjoy your chair. Please review the entire manual before assembling or using your chair. If you are assembling the chair yourself, please see the Assembly Guide next and reference the online assembly video.

For convenience, we've also created a Quick Start Guide. We suggest you keep it in the remote pocket as a tool to get to know all the features of your new chair.

**Sit back, relax, and enjoy your new Kyota massage chair!**

## Warranty Registration

Register your product at [www.kyotamassagechairs.com/warranty/registration](http://www.kyotamassagechairs.com/warranty/registration) to ensure it is in our system. This will simplify the warranty process should you ever need it.

Alternatively, **scan the QR code** to go directly to the URL above.



SCAN CODE

## Assembly Video

Before assembling your chair, watch an assembly video at: [www.kyotamassagechairs.com/assembly-tutorials](http://www.kyotamassagechairs.com/assembly-tutorials)

Alternatively, **scan the QR code** to go directly to the URL above.



SCAN CODE

# Chair Features

**Air Ionizer**

**4D Massage Technology**

**Calf-kneading Massage**

**Automatic Footrest Extension**

**USB Charging Station**

**49" L-Track**

**Zero Gravity**

**Spinal Correction & Waist Twist**

**Rhythm Technique**

**Bluetooth Technology**

**Zero Wall Space-saving Technology**

**Chromotherapy Lights**

**Reflexology**

**Lumbar Heat**

**Body Scanning**

**Four Wheel Massage Mechanism**

**Airbag Compression Therapy**

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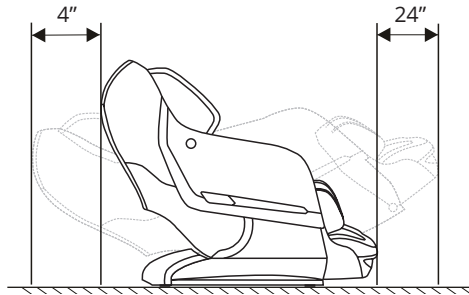
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# Preparation

## Installation Site

### Clearance Space for the Chair

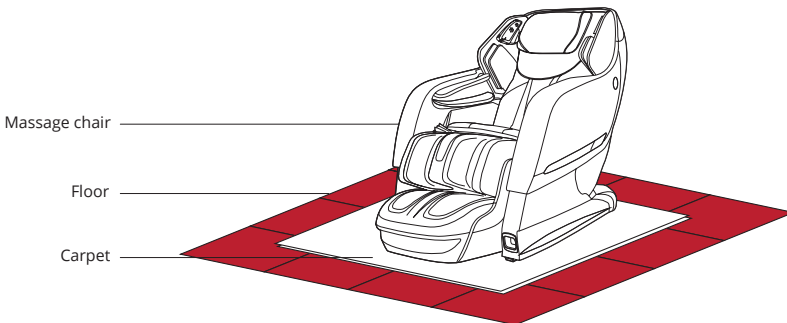
- 4" clearance for the recline of the backrest; 24" clearance for the extension of footrest and sliding forward of the chair.
- Keep it 3 feet away from the TV, radio or other audio & video appliance to avoid signal interference.



- Keep the distance between the power socket and power switch within 60" to avoid damage of power cord while massage chair sliding forward.
- Straighten the power cord while in use to avoid tangle or damage.
- When the massage chair sliding forwards or back, please check to make sure there is no children, pets or other obstacles around to avoid accident.

### Floor Protection

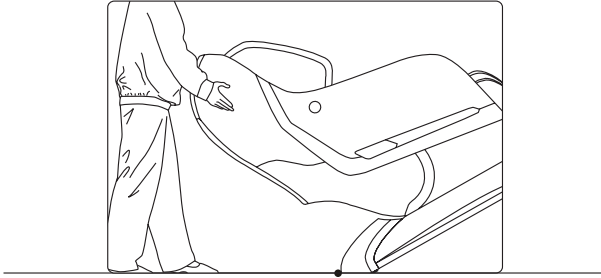
We recommend to place a piece of thin carpet or soft mat underneath it to avoid damaging the floor.



- Do not use the massage chair in high moisture environment such as near swimming pool or bathroom to prevent electric shock accident.
- Please keep the massage chair away from heated surfaces to prevent fire hazard or damage to the product.

## Move Methods

Apply pressure to the back of the massage chair from behind to pivot on the Castors. Have a second person up front to guide the Footrest until in the correct position. Maintain clearances as mentioned above. Gently lower into place. Do not pull on the side arms.



- Do not move the chair when there is a user inside.
- To carry this product, do not lift by the footrest or armrest, hold the chassis and steady the backrest (have 4 or more people to carry the product).

## Connect to Power

Plug into a 110V grounded outlet.

### Grounding Instructions

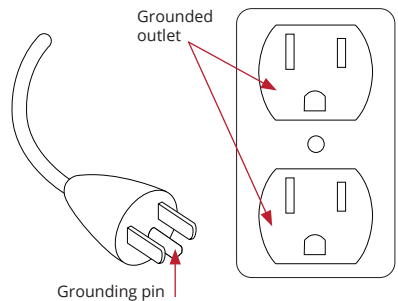
*This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.*

**DANGER** – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

*This product is for use on a nominal 120-V circuit and has a grounding plug that looks like the plug illustrated. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.*

### Earthing

*This massage chair belongs to Level One electrical appliance, make sure to use three-core power supply socket and to guarantee the ground wire connected to the power supply socket has obtained good ground connection to avoid electric leakage, electric shock and some other negative effect during use.*



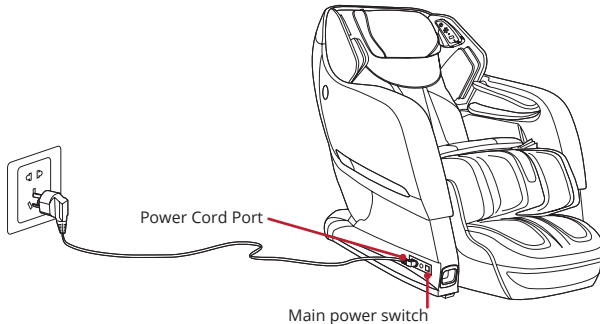
- Ensure there is no damage to the supply cord before switching on the massage chair.
- Ensure that the main power switch is turned off before connecting to power

# Chair Setup

## Getting Comfortable

### Main Power Switch

To power up the chair, flick the main power switch located on the side of the base of the chair to **ON**. Make sure the Power cord is plugged into the power cord port.



- Children should be supervised to ensure that they do not play with the chair or touch the power box.
- Always unplug the massage chair from the electrical outlet immediately after use.
- Unplug from outlet during thunder or lightening storms, and before putting on or taking off parts.
- Turn off the power switch and unplug the massage chair from the electrical outlet while not in use to avoid children power on the massage chair accidentally.
- When not in use for a long period of time, we recommend that the chair be covered, the power cord be coiled and that the unit be placed in an environment free of dust and moisture.

### Adjust Pillow

Take a seat in the chair and take note of where the neck pillow rests on your neck. Adjust the pillow so that it rests comfortably in the arch of your neck. Do this by removing it from the velcro, aligning it, and then reattaching to the velcro once it is in the desired position.



### Reduce the Intensity of your Massage - Manually

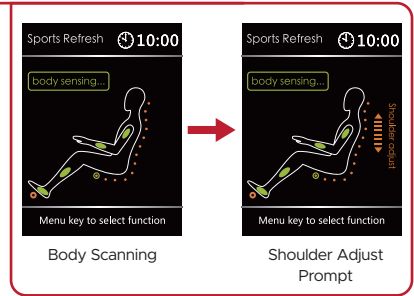
To make the massage less intense, **fold down the neck rest** to provide more cushioning between you and the massage mechanism in the seat back.



## Body Scanning

Select any auto program and press the **OK** button. The chair will automatically begin scanning your body, mapping your back, shoulders, and neck. During this process it is important to remain seated back into the chair without lifting your head.

The scan can be viewed on the remote control screen. If fine tuning is needed just after your body scan, wait for the **shoulder adjust prompt** to appear and then use the **Back Adjustment** buttons to move the massage rollers up or down for the perfect shoulder kneading position.



## Getting out of the Chair

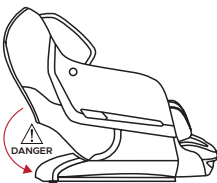
To easily exit the chair, press the **ON/OFF** button on the remote control to restore the chair to the upright position.

**WARNING!** Check to make sure children and pets are clear of chair **before** tapping power button to return chair to upright position.

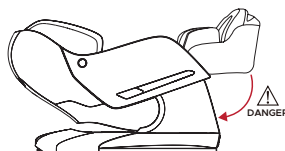


## Chair Entry and Exit Hazards

**WARNING!** The areas under the footrest and behind the back rest are potentially dangerous for a child or pet. The chair back is heavy and reclines with force. A small child or pet located behind the chair could be crushed as chair is reclined resulting in serious injury or death. When chair is reclined, small children or pets who have crawled under the leg rest may not be visible to the user and could be crushed when leg rest is lowered or when chair is returned to upright position. **To avoid serious injury or death, check these areas carefully before reclining, lowering leg rest, or returning chair to upright position.**



Make sure to check for children or pets **between the chair back and the base of the chair** before entering zero gravity recline.



Make sure to check for children or pets **underneath the footwell** before exiting zero gravity recline and returning to upright position.

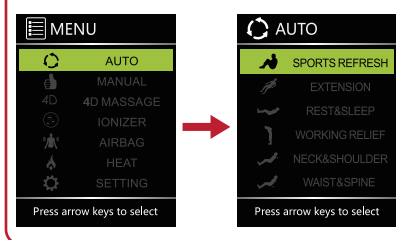


Make sure to check for children or pets **between the footrest and the chair body** before lowering the legrest.

# Getting Started

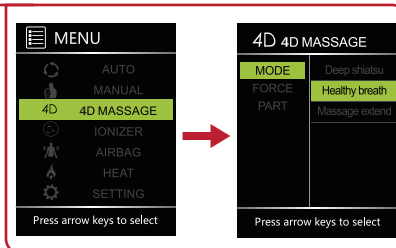
## Auto Programs

When massage chair is operating, press the **AUTO** button on the remote control to enter Auto Program Menu. Choose from **Sports Refresh**, **Extension**, **Rest & Sleep**, **Working Relief**, **Neck & Shoulder**, **Waist & Spine**, **MemoryA**, or **MemoryB**. Press **OK** to enter the program you desire. Selected program will show on the home screen.



## 4D Massage Programs

As well as the programs in the AUTO section, there are 3 additional 4D Massage programs. To access, select **4D MASSAGE** from Home display, navigate to **MODE** and then choose from **Deep shiatsu**, **Healthy Breath**, or **Massage extend**. Press **OK** to enter the program you desire. Selected program will show on the home screen.



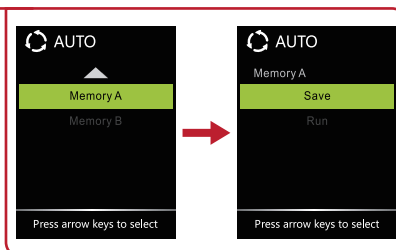
To adjust the intensity or region of your 4D Massage, press up or down button to navigate among: **FORCE** and **PART**.

## MyMemory Custom Massage

Your chair has the ability to save your favorite customized massage programs to memory. To do this, **create a manual massage program** (see page 16 for instructions) with all of your desired air, heat, speed, and intensity settings.

### Storing a memory program:

After creating your custom massage in manual mode, select **AUTO** from the Home display and scroll to the bottom of the page. Here you will see **Memory A** and **Memory B**. Press **OK** button to select either A or B then select **“Save”**. If you save over the top of an existing memory program, the existing program will be erased and replaced by the most recent save.



### Loading a memory program

Select **AUTO** from the Home display and scroll to the bottom of the page. Select **Memory A** or **Memory B** and then select **“Run”**. The chair will now run the program you created.

<b>Programs</b>	<b>What for?</b>	<b>Description</b>
<b>Sports Refresh</b>	Soothe muscles after sports activities and exercise.	Relaxes muscles and speeds up recovery time after intense exercise by promoting circulation.
<b>Extension</b>	This program is the best choice to relax tired muscles and increase physical vigor.	Inspired by Thai massage. The strong kneading and stretching functions effectively decompress the entire body.
<b>Rest &amp; Sleep</b>	Try this program as you prepare your body to rest for the night.	Kneads the entire body with a gradual lightening of intensity massage to relieve tired muscles.
<b>Working Relief</b>	This is a great program for people who work at a desk or travel a lot.	Performs a strong massage to ease muscles and recuperate the body.
<b>Neck &amp; Shoulder</b>	Soothing pain and tension in the neck and shoulders.	A sequence of neck, shoulder, and upper back massage techniques.
<b>Waist &amp; Spine</b>	Helps to relax and recover the main back muscles along your spine.	Focuses on the lumbar vertebra with targeted massage to relieve tension in this area.

## 4D Massage

<b>Deep Shiatsu</b>	This program is recommended to relieve lower back pain.	Deep shiatsu on the back for 10 minutes.
<b>Healthy Breath</b>	Designed for morning or midday relaxing.	Rhythmic five-minute massage to aid with deep breathing.
<b>Massage Extend</b>	Reduce built up tension carried in the body from everyday stress.	Designed for morning or midday relaxing, it helps to boost the viability of muscles.

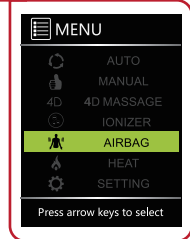
## MyMemory

<b>MemoryA</b>	Saving custom built massage programs.	
<b>MemoryB</b>	Saving custom built massage programs.	

# Personalize Experience

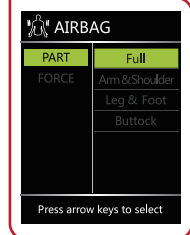
## Airbag Massage

Select **AIRBAG** from Home display, press up or down button to navigate among: **PART** and **FORCE**.



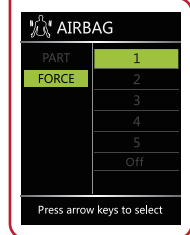
## Airbag Region

Navigate to **PART**, press right button, then use the up or down button to select your desired airbag region: Full, Arm & Shoulder, Leg & Foot, or Buttock. Press **OK** button to select the airbag region.



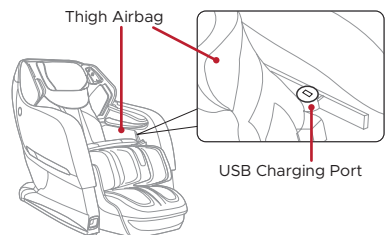
## Airbag Intensity

Navigate to **FORCE**, press right button, then use the up or down button to select your desired intensity: 1 = light, 2, 3, 4, 5 = firm, or Off. Press **OK** button to select the airbag intensity.



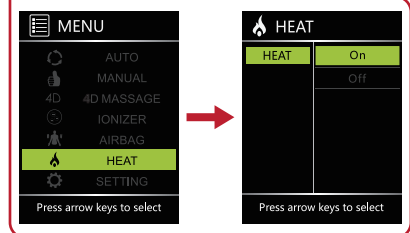
## USB Charging Port

Your massage chair includes a USB-A port that allows you to charge your phone or tablet while using the chair. The port is located on the left hip side of the chair behind the thigh airbag. To access, locate the thigh airbag and pull it back, away from the chair to reveal the USB port.



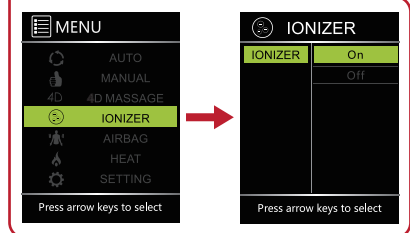
## Back Heat

Select **HEAT** from Home display, press right button, then press up or down button to navigate to desired heat setting: On, or Off. Press **OK** button to select the heat setting.



## Air Ionizer

Select **AIR IONIZER** from Home display, press right button, then press up or down button to select your desired air ionizer setting: On, or Off. Press **OK** button to select the setting.



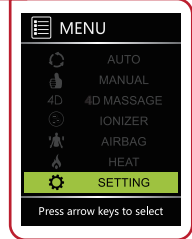
## Chromotherapy Lights

Your massage chair has chromotherapy lights located on the outside of the chair body. These lights will come on automatically once an auto program is selected and will fade from one color to another.

# Settings

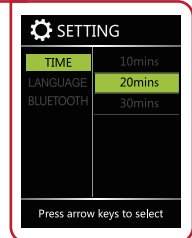
## Settings

Select **SETTING** from Home display, then use the up or down button to navigate among: **TIMER**, **LANGUAGE**, and **BLUETOOTH**. Press **OK** button to enter the setting you desire to control.



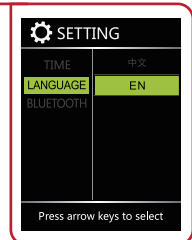
## Timer

Navigate to **TIME**, press right button, then use the up or down button to select your desired timer: 10 mins, 20 mins, or 30 mins. Press **OK** button to select timer.



## Language

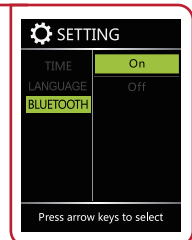
Navigate to **LANGUAGE**, press right button, then use the up or down button to select your desired language: Chinese or English. Press **OK** button to select language.



## Bluetooth

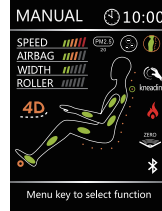
Your massage chair includes Bluetooth compatibility so you can play and enjoy your favorite music. To turn on your chair's Bluetooth, navigate to **BLUETOOTH**. Press right button, then press up or down button to select your desired Bluetooth setting: On or Off. Press **OK** to select setting.

In order to play music from your Bluetooth enabled audio device, Bluetooth must first be turned on in settings. Open Bluetooth from audio device and pair with **M868 Yosei** to play music.



## Remote Control Screen Idle

Whilst running an Auto Program or Manual mode, the remote control screen will return to the in-use screen (as shown below) **after 10 seconds of being idle.**



Manual  
In-use screen



Auto Program  
In-use screen



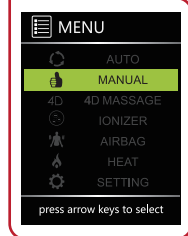
- Please do not spill water or other liquids in order to avoid key malfunctions and error codes.
- Please do not place heavy objects on the controller or power cord.

# Create a Message

## Manual Programs

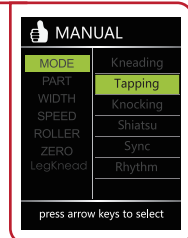
Press **MANUAL** from Home display, press up or down button to navigate among: **MODE**, **PART**, **WIDTH**, **SPEED**, and **ROLLER**.

If you create a manual message you love, you can save it to memory and go back to it whenever you want. See **'MyMemory Custom Message'** on page 10 for instructions on how to do this.



## Massage Mode

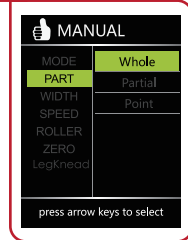
Navigate to **MODE**, press right button, then use the up or down button to select your desired mode: Kneading, Tapping, Knocking, Shiatsu, Sync, or Rhythm. Press **OK** button to select mode.



## Massage Part (Region)

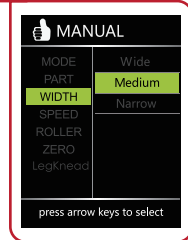
Navigate to **PART**, press right button, then use the up or down button to select your desired region: Whole, Partial, and Point massage. Press **OK** button to select region.

**Whole** travels the entire length of the track, **Partial** travels a short distance and reverses direction for focused relief, **Point** stops on the track for targeted relief. Partial and Point location can be fine tuned using the arrow up or arrow down buttons.



## Massage Width

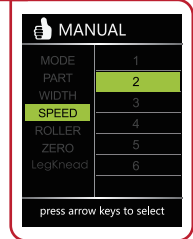
Navigate to **WIDTH**, press right button, then use the up or down button to select your desired width: Wide, Medium, and Narrow roller width. Press **OK** button to select mode. (Massage Width can't be adjusted when in Kneading, or Sync Manual modes).





## Massage Speed

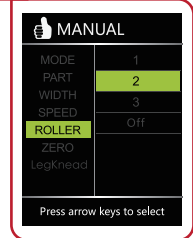
Navigate to **SPEED**, press right button, then use the up or down button to select your desired speed: 1 = slow, 6 = fast. Press **OK** button to select the speed. (Massage Speed can't be adjusted when in Shiatsu).



## Foot Rollers

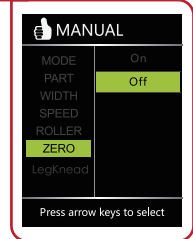
Navigate to **ROLLER**, press right button, then use the up or down button to select your desired foot roller speed: 1 = slow, 2, 3 = fast, or Off (deactivate foot roller). Press **OK** button to select the setting.

Your current foot roller speed is displayed in the in-use screen in the top left corner.



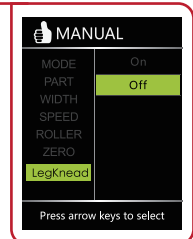
## Zero Gravity

Navigate to **ZERO**, press right button, then use the up or down button to select your desired zero gravity setting: On, or Off. Press **OK** button to select the setting.



## Leg Kneading

Navigate to **LegKnead**, press right button, then use the up or down button to select your desired leg kneading setting: On, or Off (deactivate leg kneading). Press **OK** button to select the setting.



# Staying Safe

## Important Safety Instructions

Precautions listed below will help to ensure proper use of this appliance.

**Read all instructions before using this appliance.**

For household use only.

## SAVE THESE INSTRUCTIONS.

### Not Suitable For Below Persons

We recommend those with any of the following conditions consult your physician before using.



- Those who are using electronic medical instruments embedded in the body, such as a cardiac pacemaker.
- Those undergoing treatment, especially those who are not feeling well.
- Those with malignant tumors or malignant abscesses. (Need to be supervised)
- Women who are pregnant.
- Those with osteoporosis or a fractured spine.
- Those with skin diseases or those with skin injuries.
- Those with a high fever.
- Close supervision is necessary when this product is used by, on, or near children, invalids, or disabled persons.
- The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.
- This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, if they have been given supervision or instruction concerning the use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.

### Control Buttons Precautions



- Do not operate the control buttons with wet hands.
- Do not spill water or other liquids onto the control buttons to avoid fault.
- Do not lay heavy objects on the controller.

### Best Circumstances



- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Do not use this appliance when ambient temperature is over 40 C.
- Do not use massager in close proximity to loose clothing or jewelry.
- Keep long hair away from massager while in use.
- Do not use this appliance in humid or dusty environment, or when any part of the body is in contact with plumbing or any similar ground.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Please place the product on a flat level floor.
- Do not store near heat or open flame.
- Connect this unit to a properly grounded outlet only. See Grounding Instructions.

## Cautions Regarding the Adapters and Cord



- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use.
- Unplug from outlet during thunder or lightning storms, and before putting on or taking off parts.
- Check that the power voltage stated on the rating label corresponds to your local electricity supply.
- Do not use a damp hand to unplug the cord to avoid electric shock
- Do not drag the cord, reach to the front plastic end to unplug it.
- Do not squeeze, over bend, pull hard, or twist the cord.
- Keep the cord away from heated surfaces.
- Do not carry this appliance by supply cord or use cord as a handle.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- To disconnect, turn all controls to the off position, then remove plug from outlet
- The appliance is only to be used with the power supply unit provided with the appliance.
- It must only be supplied at safety extra low voltage corresponding to the marking on the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.

## Best Practices for Safe Use



- Only for users who weigh below 300 lbs.
- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Appliance should only be used by one person, do not use by two or more persons at the same time to avoid damage to the product.
- Do not use the product right after a meal, it may cause discomfort.
- Remove personal accessories from arms and empty pockets while using the massage services.
- Check the upholstery under the cushions and other spots, if any damages are present, do not use it and refer to a qualified service professional for servicing.
- Use heated surfaces carefully. May cause serious burns. Do not use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- If you feel any abnormal discomfort during the operation of this product, turn off the power immediately and do not use the product.
- Use of the appliance for 20 minutes each time is highly recommended.
- Make sure there are no obstacles behind the chair and there is enough clearance before adjusting the backrest or legrest angle.
- Make sure there is no other excessive load pressed on the backrest or legrest besides the user.
- Make sure there are no children, pets or other objects under the backrest or legrest.
- Please be seated properly while using the product.
- Do not drag or push the chair or roll on its caster on wood floor or carpet to avoid damage



- Do not stand on or stack heavy objects on the footrest.
- Do not fall asleep while the product is operating.
- Avoid using the product under the influence of alcohol.
- Never drop or insert any object into any openings.
- If there is any smoke or unusual smell while using, stop using immediately, and unplug the power cord.



- Do not disassemble this product yourself to avoid failure.
- Do not dismantle, fix or modify the product yourself. Please contact authorized dealer or service agent.

# Fixing Issues

## Trouble Shooting

Symptoms	Possible Causes	Possible Solution
Noise is heard while in use	These noises are normal and arise from friction between the massage rollers and the leather cover	No need to take any measures
Massage Chair does not start	The power cord is not secured into the socket	Insert the power plug properly into the power socket
	Not switched ON	Turn on the switch found on chair side. Then push power button on remote
	The fuse is blown	Replace only with a fuse of same type and rating
No music comes from the speaker	The volume is turned to the lowest setting	Adjust the speaker volume from the mobile device. Make sure Bluetooth setting on chair and phone are both ON
Backrest or footrest can not raise or recline	Excessive load has been pressed on the backrest or legrest	Replace the load and try again
Airbag malfunction	The air hose is blocked	Straighten the air hose and clear out the blockage

## Specifications

<b>Model</b>	M868 Yosei 4D
<b>Dimension of Main Body (in)</b>	60 x 33 x 45 (L x W X H)
<b>Necessary Clearance to Wall (in)</b>	4"
<b>Net Weight (lbs)</b>	303.6
<b>Shipping Weight (lbs)</b>	367
<b>Max. User Weight (lbs)</b>	300
<b>Voltage</b>	110-120V~
<b>Frequency</b>	60Hz
<b>Rated Current</b>	1.5A

## Frequently Asked Questions

### **Q: I find the chair is too intense to be comfortable. What can I do?**

**A:** Your body needs to become acclimated to therapeutic massage. To be effective, the massage techniques must compress the tissue in your body. We recommend the following steps to help get started. Then over time as your body acclimates you can increase the intensity by reducing the layers between you and the chair.

1. Use the body pillow and pillow pad to reduce upper body intensity
2. Use the back pad that came with your chair to reduce back intensity
3. Use the foot bed pads that came with your chair
4. Go into Airbag on the main menu, select air intensity setting 1
  - If a specific airbag is too intense, turn off Full and turn only the airbags you want
5. Adjust the recline on the remote. More upright will be less intense. Zero Gravity will be more intense

### **Q: I'm not a foot massage person, what should I do?**

**A:** Turn off foot rollers, navigate to **ROLLER**, press right button, then use the up or down button to select Off. Press **OK** button to select the setting. You may also want to turn off the Leg & Foot airbags or reduce the air intensity to level 1.

### **Q: My chair is not performing as expected. What should I do?**

**A:** Your Kyota massage chair is an amazing combination of programming and robotics. On occasion the chair just may need to be rebooted. To do this power down the chair and unplug from the wall for 5 minutes then plug back in and power back up to see if it self-healed. If you are still having an issue, give Kyota a call at 800-242-0761.

**KYOTA<sup>®</sup>** | **The World's Most  
Advanced Massage Chairs<sup>®</sup>**

72 Stard Road, Seabrook, NH 03874

Toll Free #: (800) 242-0761

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